Pray with the Gerasene man who was healed of his unclean spirits in Mark 5: 1-20

In your imagination picture the scene where Jesus tells the man to go home to his family to proclaim his experience of liberation. Have a conversation with Jesus about the times when you have wanted to do something for God and God directed you to a different path. Pray for your family and for those who have a difficult time doing the will of God.

Read, Reflect and Be Renewed:

Pable, Martin, The Quest for the Male Soul
Hart, Thomas, What Does it Mean to Be a Man?
Eldredge, John, The Way of the Wild Heart
Rohr, Richard, From Wild Man to Wise Man
Crosby, Michael, The Paradox of Power: From Control to Compassion
Wallis, Jim, The Great Awakening: Seven Ways to Change the World
Trocme, Andre, Jesus and the Nonviolent Revolution
Vaughan-Lee, Llewelyn, ed. Spiritual Ecology: The Cry of the Earth
Mars and Venus Working for Justice
Sr. Kathleen Bryant RSC

Wisdom 9:9
Now with You is Wisdom, Sophia, who was with You from the beginning,
Who understands all the works of your hands.
Who understands what is pleasing in your sight.
Send Her forth this day from your holy dwelling
That She may be with me and work with me
That I may know what pleases you.

Pray with The Syro-Phoenician Woman in Mark 7: 24-30
Prayerfully challenge Jesus to heal someone. Have a conversation with Jesus about the injustice of those who are left out. Thank Jesus for listening to you, to the women he encountered in his day and pray for women to be heard.

Meditate, Read, Reflect:
Barbara Brown Taylor  An Altar on the World; Learning to Walk in the Dark
Cannato, Judy  Field of Compassion
Chittister, Joan,  The Time is Now: A Call to Uncommon Courage
Delio, Ila.  The Emergent Christ
Fabela, Virginia MM and Oduyoye, Mercy With Passion and Compassion
Third World Women doing Theology
Fischer, Kathleen  Women at the Well
Tighe-Mooney Sharon,  What About Me?

Websites:
CatholicWomenpreach.org
Intercommunity Peace and Justice  https://www.ipjc.org/who-is-ipjc/
Sacred Space  https://www.sacredspace.ie
SistersAgainstTrafficking.org
USCCB Justice Parish Resources, Pastoral Letters;  www.usccb.org

Podcasts: Pray as You Go;  On Being;  A Nun’s Life
Virtues: Masculine and Feminine

**Masculine**

Self-possession
Initiative
Assertiveness
Closure
Separateness
Responsibility
Truth

**Feminine**

Strength to Endure (Longsuffering)
Generosity
COURAGE Risk taking
Patience - Waiting
Embodied Strength Wisdom
Openness
Relationality (Inclusive or Inclusion of others)

Visionary
Tough love
Risk taking
Carry through
Courage
Directness

Holistic Interconnectedness
Listening gift of presence
Tenderness
Wisdom
Trust
Circular Processing