Resources to Develop Eucharistic Spirituality within the Family
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Website:  www.ParentTeacherSupport.org
Tab:  Newsletters
Category:  FAMILY FAITH

Topic:  Listen! God Speaks (Voice of Jesus Prayer Exercises)

Prayer-aides in which Jesus speaks to your soul ... teaching you, guiding you, and asking questions that draw you into conversation.

1.  *A Love Letter from God the Father* (Print Document)
2.  *A Love Letter from God the Father* (Video, 5:40 minutes)
3.  *Hello, Jesus Speaking* (Print Document)
4.  *I Thirst for You*, Meditation of Mother Teresa of Calcutta (Audio Recorded by Fr. John Riccardo, 12:06 minutes)
5.  *I Thirst for You*, (Slide-Audio & Visual, Recorded by Jake Mrugalski, 9:07 minutes
6.  *I Thirst for You* (Print Document)
7.  *Jesus Initiates Conversation* (Print Document)
8.  *Meditation* (Print Document)

Topic:  Family Eucharistic Experience … Program Worksheets/Handouts

1.  Wheat and Grapes Exercise
2.  Alternative Wheat and Grapes Exercises (Three Versions)
3.  Activity – Eucharistic Prayer of the Mass
4.  Adoration Tools Overview
5.  Adoration Tool – ACTS of Love
6.  Adoration Tool – Voice of Jesus 1: Guided Meditation
7.  Adoration Tool – Voice of Jesus 2: Guided Meditation
8.  Adoration Tool – Love Letter from God the Father
9.  Eucharistic Vessels and Vestments

Topic:  PRAYER-WAYS

#2.  ACTS of Love
#4.  Holy Hour
#5.  Eucharistic Devotions
#6.  Conversation with Jesus
#7.  Jesus Initiates Conversation

Topic:  TIMELY TOPICS

3.  Celebrating the Mass

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A Spiritual Communion
(St. Alphonsus Liguori)

My Jesus, I believe that You are really present in the Blessed Sacrament.

I love You more than anything in the world and I hunger to be nourished by You.

But since I cannot receive Communion at this moment, come into my soul at least spiritually.

I unite myself to You now as I do when I actually receive You.

Never let me drift away from you.

O Sacrament Most Holy!
O Sacrament Divine!
All praise and all thanksgiving
Be every moment thine.

Jesus in the Blessed Sacrament, I adore you.